



**STIRLING**  
HOSPITAL

20 Milan Terrace, Stirling SA 5152

P. 08 8339 0200 F. 08 8370 9395

[www.stirlinghospital.org.au](http://www.stirlinghospital.org.au)

## STIRLING HOSPITAL *Winter 2025 Edition*



### Stirling Hospital – Our People

At Stirling Hospital, we're proud to support our staff through our **Staff Wellness Program**, which runs a variety of events throughout the year as a way to show our appreciation for the dedication and hard work of our team.

From food days and staff seated massages to motivational speakers, stretching sessions, and BBQ lunches, there's something for everyone to enjoy.

To celebrate the Easter in April, staff were treated to Hot Cross Buns for morning tea — which were delicious!



In June, we turned up the heat with a Curry Day lunch for staff, featuring two delicious curries lovingly prepared by our amazing Catering Team and served by members of the Management Team.

It was fantastic to see staff from across all departments come together in the Boardroom to share a warm meal and great conversation.

Next up on our Staff Wellness Program calendar is the Staff Baking Competition in August — we can't wait to see (and taste!) what you all bring to the table.



### VOLUNTEERS

National Volunteer Week was held from 19-24 May and this week aims to highlight the important role of volunteers in our community.

Stirling Hospital launched its Volunteer Program in 2024 and we are extremely grateful and appreciative of our wonderful volunteers! These valuable helpers support us and assist us to provide extra care and services to our patients, staff and community.

If you are interested in joining our Volunteer Program, please contact the Administration Team on 8339 0200.

### STAFF RECOGNITION DAYS

World Sterilisation Day was held on 10 April. On this day we acknowledged and thanked our Central Sterilisation Services Department (CSSD) team for their commitment to ensuring our surgical instruments are cleaned, sorted, packed and sterilised ready for use.



*Delivering the Stirling Experience...*



**STIRLING**  
HOSPITAL

20 Milan Terrace, Stirling SA 5152

P. 08 8339 0200 F. 08 8370 9395

[www.stirlinghospital.org.au](http://www.stirlinghospital.org.au)

## STIRLING HOSPITAL *Winter 2025 Edition*



On 2 May we celebrated Administrative Professionals Day and we thanked our Administration team for their hard work to make sure the admission process runs smoothly for our patients. Our Administration team provide a friendly and helpful service to everyone entering our Hospital.



International Nurses Day is held on 12 May each year. Whilst we appreciate our staff every day on this day we celebrate our incredible nurses for their skill, compassion, dedication, and commitment to delivering quality care to our patients every day. Their contribution is vital to everything we do.

This year the Police Credit Union donated Caramello Koala chocolates for all the staff in celebration of this day.

As you can see our nurses were very happy with a little chocolate treat!



### COMMUNITY INFORMATION SESSION

Stirling Hospital will be holding its third community information session on Friday 19 September at 11:00am in the Boardroom. This face-to-face event is a great opportunity for the community to hear all the highlights for Stirling Hospital over the last 6 months, learn about any new Specialists and services being offered, and plans for the next 6 months.

Whether you're a patient, caregiver, or community member, your input is valuable to us. Let's work together to make a positive impact on the healthcare experience for everyone.

Bookings are required for this event and can be made via the QR code:



### SUGGESTIONS

At Stirling Hospital, we value all feedback from our patients and community members. All feedback is important as it assists us to review our processes and identify opportunities to improve our service delivery. Our online reporting system allows you to submit your feedback in your own time via the Hospital website. Please go the **Contact Us** page: <https://stirlinghospital.org.au>

### FUNDRAISING COMMUNITY WALK – SAVE THE DATE

Join your local community for a friendly walk as a fundraiser for Stirling Hospital!

Sunday 16 November 2025 at 10:30am, commencing from Stirling

Meet new people, enjoy the outdoors, and support Stirling Hospital. There will be a sausage sizzle, coffee, stretching classes with physiotherapists and more! Further details will be circulated soon

*Delivering the Stirling Experience...*



**STIRLING**  
HOSPITAL

20 Milan Terrace, Stirling SA 5152

P. 08 8339 0200 F. 08 8370 9395

[www.stirlinghospital.org.au](http://www.stirlinghospital.org.au)

## STIRLING HOSPITAL Winter 2025 Edition



### New Specialists at Stirling Hospital

We are pleased to welcome these new specialists to Stirling Hospital

#### Dr Jesse Beumer

**Bariatric and General Surgeon**



Dr Jesse Beumer is a Fellow of the Royal Australasian College of Surgeons, specialty of General Surgery with post fellowship training in hepatobiliary and pancreatic surgery.

Dr Beumer's private practice is Morphē in North Adelaide. He looks forward to supporting the local community with:

- Gallbladder and biliary surgery
- Hernia surgery
  - Laparoscopic and open repairs
- Endoscopy and Colonoscopy
- Haemorrhoid surgery
  - Including doppler guided haemorrhoidal artery ligation
- Bariatric Surgery (supported by a multidisciplinary team)
  - Sleeve Gastrectomy
  - Gastric Bypass
  - Removal of gastric band

Referrals to Dr Beumer can be sent to [info@morpheclinic.com.au](mailto:info@morpheclinic.com.au) or faxed to 08 8490 3283, or call Morphe on 8164 6945

#### Dr Hani Saeed

**Vascular Surgeon**



Dr Hani Saeed is a Vascular and Endovascular Surgeon trained in all aspects of arterial and venous disease.

Specialising in open and minimally invasive endovascular interventions, Hani has a particular interest in aortic pathology, arterial reconstruction and limb salvage.

Hani is regularly involved in teaching and supervision of trainee vascular surgeons in advanced endovascular techniques. He is an examiner in the Adelaide Vascular Trials and Western Australian Vascular Education Course for trainee surgeons sitting their final exams

For more information please visit <https://adelaidevascular.com/dr-hani-saeed/> or for appointments please contact Adelaide Vascular on 8239 1316.

#### Dr John Thomson

**General Surgeon**



Dr John Thomson is a General Surgeon with international subspecialty training in Hepatopancreaticobiliary (HPB), Liver Transplantation and Trauma Surgery.

At Stirling Hospital Dr Thomson would be performing a range of general surgical procedures such as laparoscopic cholecystectomy and hernia repairs. He does however specialise in liver, pancreas, bile duct and gallbladder resections through minimally invasive techniques (laparoscopic / keyhole surgery).

He will consult on general surgery conditions, as well as HPB specific conditions such as liver tumours, pancreatic tumours, pancreatitis, obstructive jaundice and cholangitis, gallbladder conditions including gallstones, cholecystitis and gallbladder polyps.

For appointments please contact Colorectal Specialist Group on 8371 3077 or visit the website at <https://colorectalsg.com.au/>

For more information about the Specialists at Stirling Hospital please visit our website:  
<https://stirlinghospital.org.au>

*Delivering the Stirling Experience...*





**STIRLING**  
HOSPITAL

20 Milan Terrace, Stirling SA 5152

P. 08 8339 0200 F. 08 8370 9395

[www.stirlinghospital.org.au](http://www.stirlinghospital.org.au)

**STIRLING HOSPITAL**  
*Winter 2025 Edition*



## Stirling Hospital Fundraising Event



**Sunday**  
**16 November 2025**  
**10:30am**

Commencing from  
Stirling

*More details to follow*

### What to expect

Meet new people, enjoy the outdoors, and support Stirling Hospital.

There will be a sausage sizzle, coffee, stretching classes with physiotherapists and more!

---

*Delivering the Stirling Experience...*